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**BIBLIOMETRIC INDICATORS IN PHYSICAL EDUCATION RESEARCH: BRAZIL IN
COMPARISON**

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BIBLIOMETRIC INDICATORS IN PHYSICAL EDUCATION RESEARCH: BRAZIL IN
COMPARISON

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Glossary

Citation Impact - Number of citations per document

CNCI - Category Normalized Citation Impact of a document is calculated by dividing the actual count of citing items by the expected citation rate for documents with the same document type, year of publication and subject area.

DocCit – Number of documents in the database in the period studied that had at least one citation in the database

Highly cited – Papers that perform in the top 1% based on the number of citations received when compared to other papers published in the same field in the same year.

IND- papers published with Industry Collaboration

JNCI - The Journal Normalized Citation Impact indicator is a similar indicator to the Normalized Citation Impact, but instead of normalising per subject area or field, it normalises the citation rate for the journal in which the document is publishing.

OA - Open Access - is a set of principles and a range of practices through which research outputs are distributed online, free of cost to the reader or other access barrier

Publications in Top Journal Percentiles - indicates the extent to which an entity's outputs are present in the most-cited journals in a database source. This metric calculates how many publications, as an absolute count or a percentage, are in the top 1%, 5%, 10% or 25% of the most-cited journals indexed by the database source. An entity can be an institution, a research group or an individual researcher. In this paper we used %Top1% and %Top10%.

Q1, Q2, Q3, Q4 - Quartile rankings are therefore derived for each journal in each of its subject categories according to which quartile of the IF distribution the journal occupies for that subject category. Q1 denotes the top 25% of the IF distribution, Q2 for middle-high position (between top 50% and top 25%), Q3 middle-low position (top 75% to top 50%), and Q4 the lowest position (bottom 25% of the IF distribution). In this paper we used %Q1 and %Q2.

WoS – Web of Science is a website which provides subscription-based access to multiple databases that provide comprehensive citation data for many different academic disciplines. It was originally owned by the Institute for Scientific Information (ISI) and is currently maintained by Clarivate Analytics (previously the Intellectual Property and Science business of Thomson Reuters)

Resumo

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Os artigos em InCites[®] baseados em Web of Science[®] para Educação Física foram avaliados em todo o mundo e no Brasil. As análises incluíram Cluster, Discriminante, Canonical e Análise Fatorial, para diferenciar entre países do mundo e universidades no Brasil. Os temas mais comuns estudados no Brasil e no mundo também foram pesquisados. A maioria dos documentos a nível mundial é publicada nos EUA (46%) e Inglaterra (26%), seguidos por três outras nações europeias, sendo o Brasil o 6º maior país editor (1,7%). Em contraste, os autores brasileiros tendem a publicar mais dentro do seu próprio país (40%). Há uma tendência para que os países com maior percentagem de documentos nas revistas do primeiro quartil tenham também uma percentagem mais elevada de 10% dos documentos citados ($R^2=0,73$ para todos os documentos e 0,92 para acesso livre). Ao comparar todos os documentos com os de acesso aberto, a maioria dos países aumenta a sua pontuação dos 10% mais citados, enquanto que o Brasil diminui 1%. As variáveis que diferenciam entre os grupos de países incluem % documentos em revistas do primeiro quartil, % Colaboração internacional, % Acesso Aberto, Impacto da Citação (número de citações por artigo) e % Documentos no Top 10%. A correlação entre o número de publicações por tópico a nível mundial e o Brasil é de 0,79. O aumento da publicação em revistas do Q1, bem como maior colaboração internacional e com indústria são indicados para aumentar o impacto das publicações de autores brasileiros na educação física. Deve ser concedido financiamento para ajudar no pagamento de taxas de processamento de artigos em revistas de grande impacto de Acesso Aberto.

Abstract

25

26

27 Papers in InCites[®] based on Web of Science[®] for Physical Education were evaluated
28 worldwide and in Brazil. Analyses included Cluster, Discriminant, Canonical and
29 Factorial Analyses, to differentiate between countries worldwide and universities in
30 Brazil. Most common topics studied in Brazil and worldwide were also researched.
31 Most documents worldwide are published in the USA (46%) and England (26%),
32 followed by three other European nations, with Brazil being the 6th largest publishing
33 country (1.7%). In contrast, Brazilian authors tend to publish more within their own
34 country (40%). There is a tendency for the countries with higher percentage of
35 documents in Q1 journals to also have higher percentage of top 10% cited documents
36 ($R^2=0.73$ for all documents and 0.92 for open access). When comparing all documents
37 with those in open access, most countries increase their Top 10% score, while Brazil
38 decreases by 1%. The variables that differentiate between country clusters include %
39 documents in Q1 journals, % International collaboration, % Open Access, Citation
40 Impact (number of Citations per paper) and % Document sin Top 10%. The
41 correlation between number of publications per topic worldwide and Brazil is 0.79.
42 Increases in publishing in Q1 journals, as well as more industry and international
43 collaboration are indicated for increasing impact of publications by Brazilian authors
44 in physical education. Funding should be provided to help with the payment of Article
45 Processing Charges in high impact Open Access journals.

46 **Keywords:** Impact; Collaboration; Industry; International; Open Access

47 Introduction

48 Physical education (PE) is often advocated as a lifelong process, with physical activity
49 is universally acknowledged to be an important part of healthy functioning and well-
50 being (Cope & Parnell, 2015). These authors recognise its impacts in several domains
51 such as Emotional, Financial, Individual, Intellectual, Physical, and Social. Themes
52 also include holistic well-being and alternative leisure activities (yoga, meditation –
53 Gerdin & Pringle, 2017), as well as nutritional and health benefits (Boguszewski et al.,
54 2014). These themes researched in PE have changed over time (Enright & O’Sullivan,
55 2012a; Bracht et al., 2011) and may be contradicting (Devecioglu et al., 2012).
56 Changes may involve the use of digital technologies (Bodsworth & Goodyear, 2016),
57 attitudes towards physical education and how meaningful it is (Ennis, 2000;
58 Wilhelmsen & Sørensen, 2017; Enright & O’Sullivan, 2012b), autonomy-supportive
59 climates (Hastie et al., 2013), public health (Pate et al., 2011) and disabilities (Tant &
60 Watelain, 2016; Cervantes & Taylor, 2011), among others.

61 Professionals in this area work in schools, sports clubs, or community centres (Nahas
62 & Garcia, 2010) as well as in private facilities. Studies in physical education have been
63 increasing (Hastie et al., 2011). These range from primary school (Andrieieva et al.,
64 2017), adolescents (Diamant et al., 2011; Dalen et al., 2016), to adults (Loprinzi et al.,
65 2015) and geriatrics (Arai et al., 2011; Kosse et al., 2013), sports (Petrovska et al., 2020;
66 Harmandeep et al., 2015) as well as factors such as how the sports industry interacts
67 with an active economy (Solntsev, 2012) and investment opportunities (Letiagina et
68 al., 2019, Sorokin et al., 2018).

69 Scientometrics was defined by Nalimov (1971) as the use of quantitative methods of
70 research on the development of science as an informational process. The researcher,
71 their group, institution or area of knowledge can use the scientometric approach to
72 evaluate and manage research performance (Bornmann & Leydesdorff, 2014) as well
73 as the prominence of research topics, taking into account inter- and trans-disciplinary
74 studies (Mingers & Leydesdorff, 2015).

75 Bibliometric analyses are useful for identifying interconnections between
76 research articles, topics, gaps and resources (Xu et al., 2022), understanding citations.

77 Tahamtan et al. (2016) found three general categories (paper related, journal related
78 and author-related) and twenty-eight factors associated with the number of citations.
79 The use of citation impact factors has become common in evaluating scientific
80 research, including individual publications, researchers, research groups, research
81 institutions, countries, or journals (Waltman, 2016) and used to measure quality
82 (Moed, 2005). Increasing citation impact can be due to several factors, such as
83 international or industry collaboration, publishing open access (OA) in high impact
84 journals, country wealth (King, 2004), or English as a country's official language
85 (Bornmann & Leydesdorff, 2013).

86 This paper aimed to examine the quantity and performance of publishing in physical
87 education and related areas worldwide and compare with Brazilian practices. This can
88 help in constructing policies for improving physical education in Brazil and aid in
89 identifying where improvements can be made in this area within the country.

90

91 **Material and Methods**

92 Data worldwide and from Brazil were collected from InCites® from Clarivate Analytics
93 based on Web of Science from 2005 – 2020. This was limited to Physical Education
94 (PE) as defined in the database, from the Coordenação de Aperfeiçoamento de
95 Pessoal do Nivel Superior (CAPES – Brazilian Ministry of Education) area of
96 knowledge. Only organizations with more than 10 publications per year were
97 included in the analysis. This left 2536 of the 11482 organizations for initial analyses.
98 Data were then limited to the top 15 countries as these represented 77.5% of all
99 publications in the period. The final data set had 1809 institutions and 32384
100 researchers.

101 Quantitative, structural and performance information was collected (see Glossary for
102 definitions).

103 Quantitative and Structural: Total number of Papers, % Documents Cited, Citation
104 Impact (CI), Times Cited, % papers in 1st, 2nd, 3rd and 4th Quartile journals (%Q1, %Q2,
105 %Q3, %Q4), Average Percentile, publication location, and cited funding agencies. For
106 universities, information was also available on % 1st Author, % Last Author, and %
107 Corresponding author from the institutions. Word Clouds for created for the 500 most
108 prominent topics (SciVal®) using wordart.com.

109 Performance: % Papers in Top 1% and Top 10% of citations, Impact Relative to the
110 World (IRW), Category Normalised Citation Impact (CNCI) and Journal Normalised
111 Citation Impact (JNCI), % Hot Papers, and % Highly Cited Papers.

112 Statistical analyses included correlation (PROC CORR), regression (PROC REG) and
113 principal component/factor (PROC FACTOR) to assess the relationship between
114 quantity and performance indicators, as well as cluster analyses (PROC FASTCLUS) to
115 group countries and universities according to their production and impact. A
116 MANOVA test (PROC GLM) was carried out followed by a Dunnett test to compare
117 other countries with Brazil. To evaluate the factors affecting CNCI, a multiple
118 regression was carried out including a Variance Inflation Factor (VIF). Variables with
119 VIF greater than 10 were deleted from the analysis.

120

121 **Results**

122 There were a total of 882,171 papers published in this time in Incites, in 2,559 journals,
123 of which 1,920 published less than 50 papers. It should be noted that the same
124 papers, with multiple authors, may appear for several countries, so individual
125 countries cannot be summed. Those that published most papers were Medicine and
126 Science in Sports and Exercise, American Journal of Tropical Medicine and Hygiene,
127 and International Journal of Environmental Research and Public Health. The first
128 Brazilian Journal is in 32nd in terms of number of papers published (Ciência & Saúde
129 Coletiva). Brazilian authors published 33,126 papers in 608 journals with 509 with less
130 than 50 papers. Other Brazilian journals with high number of papers include Cadernos
131 de Saúde Pública, Revista de Saúde Pública and Saúde e Sociedade. Papers published
132 in Brazil were 100% OA, compared with 33% in the USA, 24 % in the Netherlands or 54
133 % in England. Supplementary Table 1 shows the % OA and CNCI by publishing
134 country and journal quartile, worldwide (A) and Brazilian papers (B).

135 The correlation worldwide between % OA and CNCI was 0.23 ($P < 0.01$) (overall) and
136 0.09 ($P > 0.05$) for Brazil. Worldwide, the correlation between CNCI and % documents
137 in Q1 journals was 0.11 ($P < 0.01$), 0.00 ($P > 0.05$; Q2), -0.06 ($P < 0.01$; Q3), and -0.13
138 ($P < 0.01$; Q4), showing that an decrease in journal quartile had tendency to decrease
139 CNCI. For papers with at least one Brazilian author this was -0.09 ($P > 0.05$) (overall),
140 0.22 ($P < 0.01$; Q1), -0.02 ($P > 0.05$; Q2), -0.35 ($P < 0.01$; Q3), and -0.19 ($P < 0.01$; Q4). More
141 open access in Q1 journals led to higher CNCI for Brazilian authors but in the other
142 quartiles an increase in OA had no effect on CNCI (Table 1).

143 Table 1 Relationship between Open Access publishing and CNCI for Brazilian authors

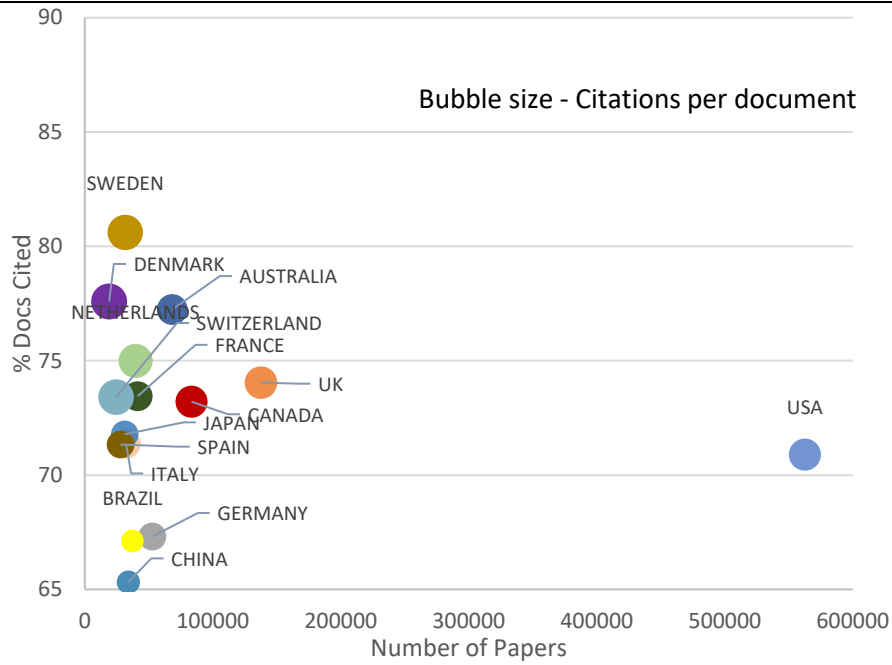
Quartile	Equation	Significance
Q1	$CNCI = 1.437 + 0.016 * \%OA$	$P < 0.01$
Q2	$CNCI = 0.823 + 0.001 * \%OA$	Ns
Q3	$CNCI = 0.484 + 0.001 * \%OA$	ns
Q4	$CNCI = 0.432 - 0.001 * \%OA$	ns

144

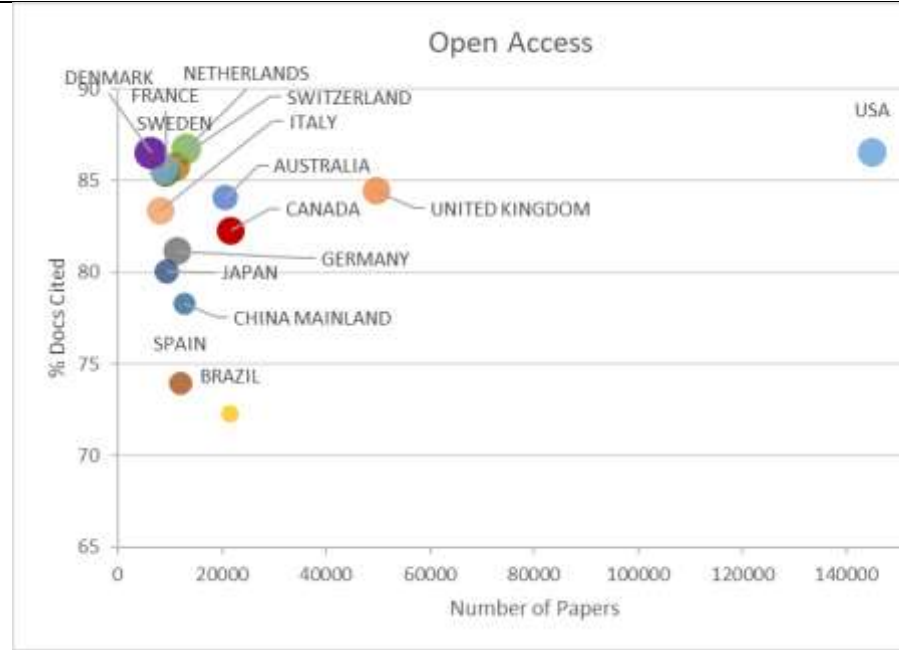
145 Higher percentages of documents were cited when published in Q1 ($P<0.01$), open
146 access journals ($P<0.01$) across major publishing countries (Figure 1). Although some
147 of them have higher increases when comparing all publishing to only open access (i.e.
148 USA +15% ; Germany +14% ; China +13%), Brazil only goes up by 5% and Spain by
149 2.5%. There is a tendency for the countries with higher percentage of documents in
150 Q1 journals to also have higher percentage of top 10% cited documents ($R^2=0.73$ for all
151 documents and 0.92 for open access). When comparing all documents with those in
152 open access, most countries increase their Top 10% score, while Brazil decreases by
153 1%. Brazil also shows a lower % of their documents having international collaboration
154 (20%) than other major publishing countries ($\mu=52\%$) when looking only at open access
155 articles ($P<0.01$). Major impact in publishing is mostly in European countries. The USA
156 shows, by far, the largest number of papers but with an average number of these
157 being cited (71% vs 77% for Australia or 81% for Japan).

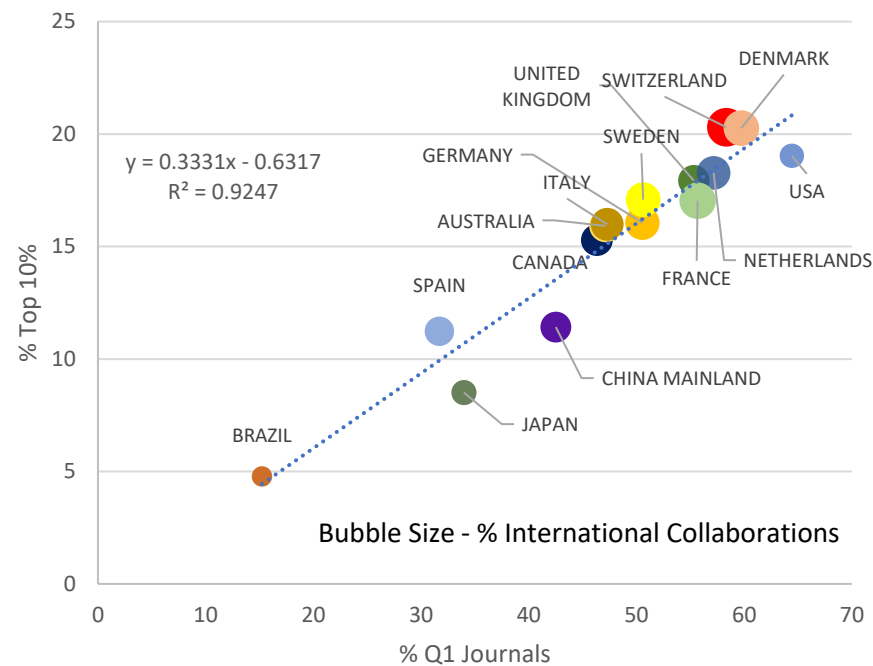
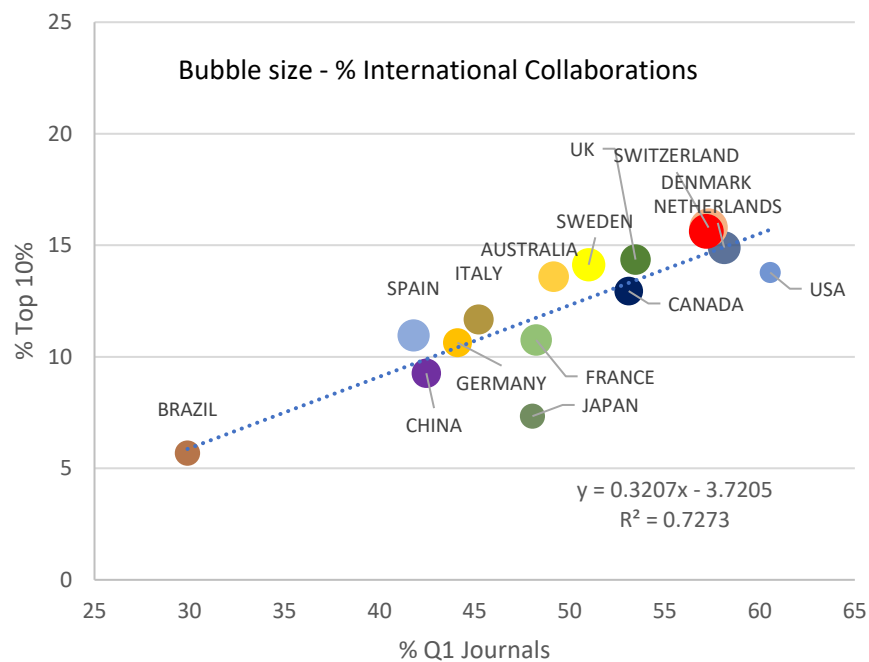
158 The lowest % international collaborations are seen with Brazilian (27%) and USA
159 (19%) papers ($P<0.01$; Figure 2). China (13.8) and Spain (15.9) also show low citation
160 impact. These countries also show the lowest % papers in Q1 journals and % of Top
161 10% cited papers ($P<0.01$)

All



Open Access

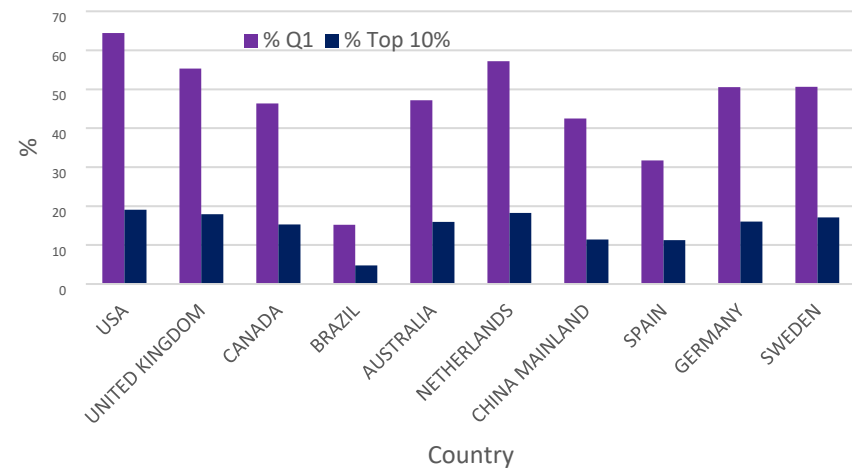
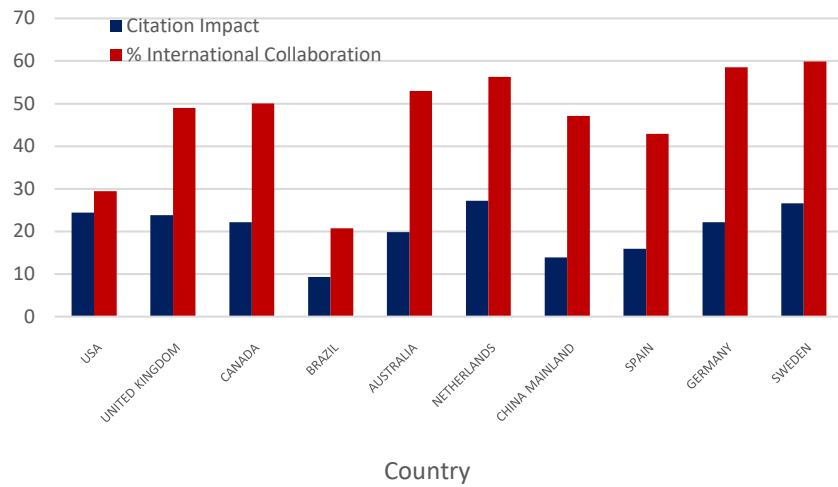




162 Figure 1. Impact and number of papers for major publishing countries worldwide for all types of publication (A) and only Open Access (B) in Physical
 163 education (InCites®).

164

165



A

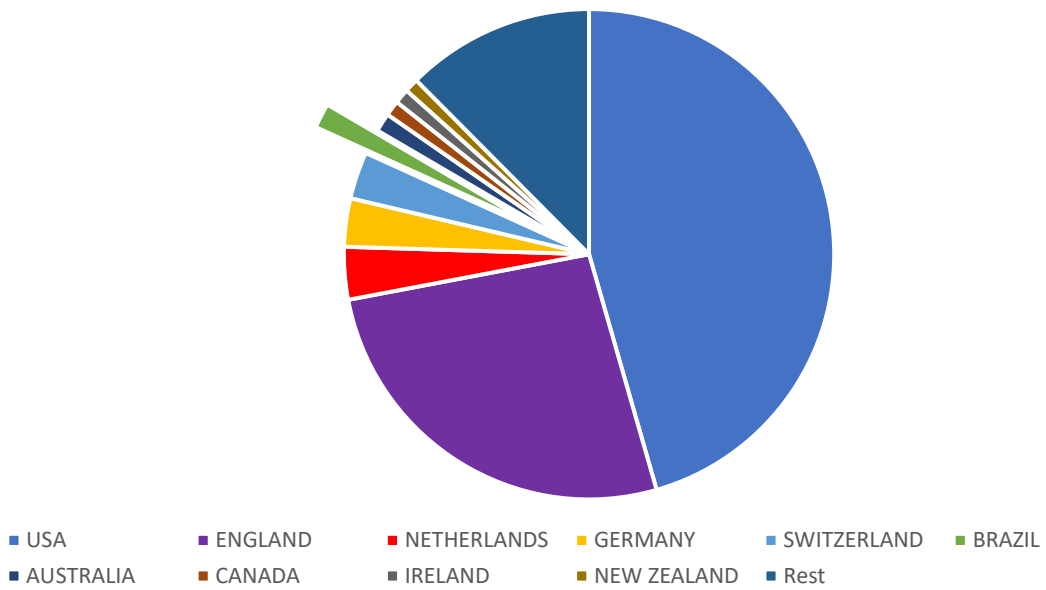
B

166 Figure 2. Performance indicators for Open Access Publishing in Physical Education by top 10 Author Countries (InCites®) including A) Citation Impact, %
 167 International Collaboration and B) percentage of papers in Q1 and Top 10 % of cited papers.

168 **Publishing**

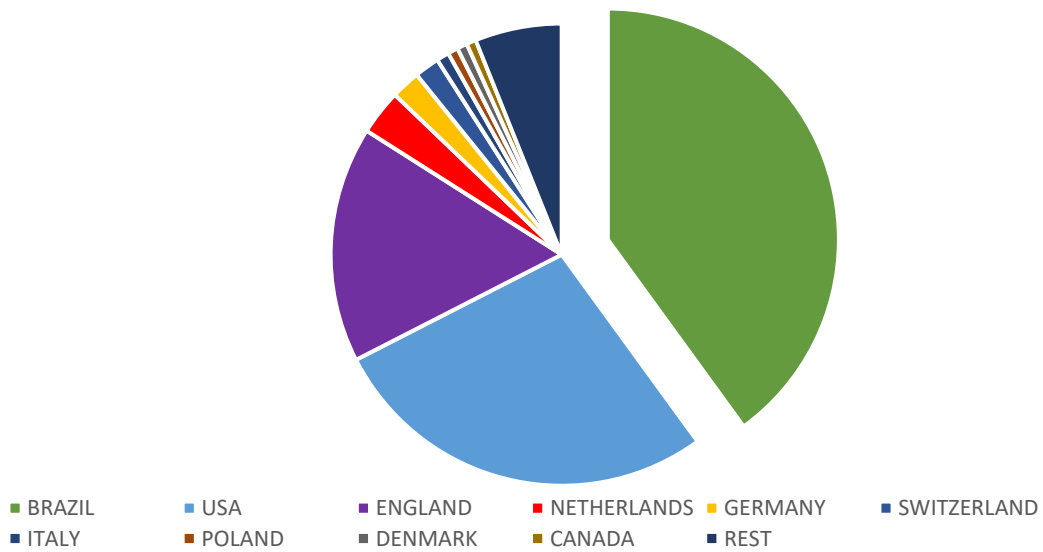
169 Most documents worldwide (Figure 3) are published in the USA (46%) and England
 170 (26%), followed by three other European nations, with Brazil being the 6th largest
 171 publishing country (1.7%). In contrast, Brazilian authors tend to publish more within
 172 their own country (40%).

Where Publish Worldwide - Number of Papers



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Where Brazilian Authors Publish - Number of Papers

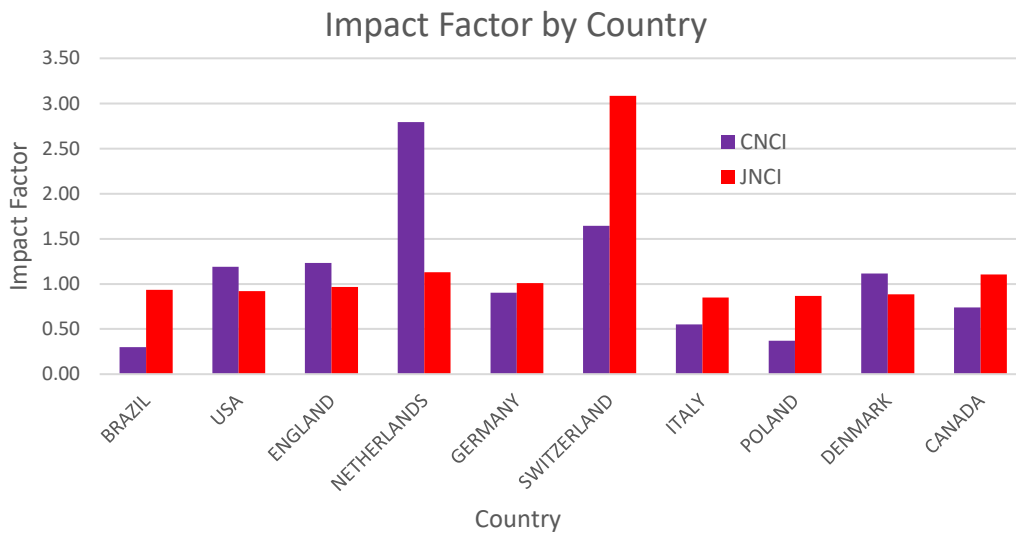


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175 Figure 3. Publishing Localities in Physical Education (A) Worldwide authors and (B)
 176 Brazilian authors (InCites®)

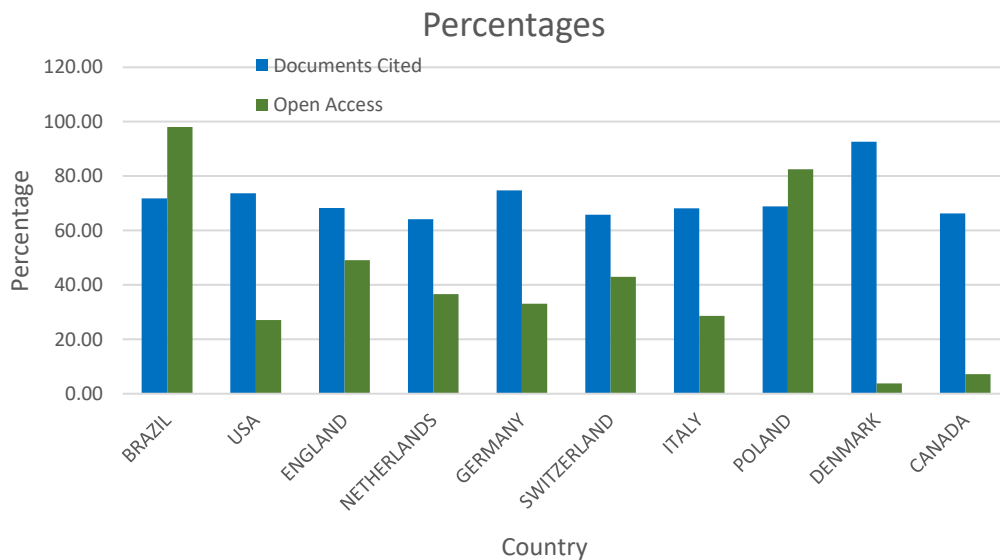
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178 Even though Brazil publishes the vast majority of their documents in open access
179 journals, the average citation impact factor of them pale in comparison to those of
180 other large publishing nations (Figure 4). Publishing Brazilian papers in Italy and
181 Poland also show low CNCI (One is the world mean). The Journal Impact factors do
182 not show large variations between countries, except for Switzerland. When Brazilian
183 authors publish in Brazil and Poland, they tend to publish a high percentage of their
184 papers in Open Access. When publishing in countries such as Denmark and Canada
185 they tend to have very low Open Access publishing rates. This does not affect the
186 percentage of papers cited.



187

A

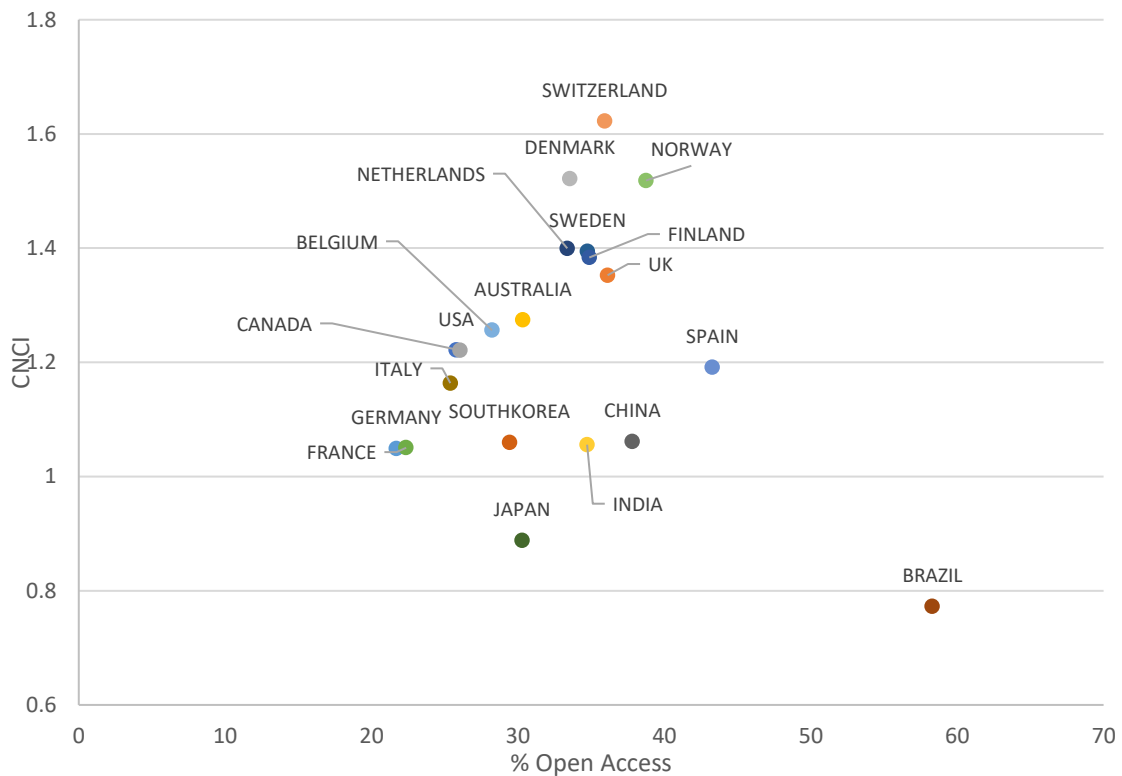


188

B

189 Figure 4. Journal and Citation impact factors (A) and percentages of cited documents
 190 and open access papers (B) by journal country (InCities®) for Physical Education
 191 papers from Brazil

192 Brazil does not follow the same pattern (Figure 5) compared to other countries.
 193 Without Brazil the regression is $CNCI = 0.144(\%OA) + 0.790$ ($R^2 = 0.19$; $P < 0.01$).
 194 Although R^2 is low it is still significant. With Brazil it is $CNCI = -0.003(\%OA) + 1.306$ (R^2
 195 $= 0.01$; $P > 0.05$).



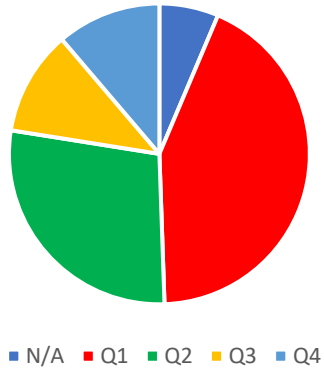
196
 197 Figure 5. Effect of % Open Access Papers on Category Normalised Citation Impact
 198 (CNCI) for Physical Education for the top 20 publishing countries (InCites®)

199
 200 The worldwide tendency is to publish more papers in Q1 (43%), followed by Q2 (28%),
 201 Q3 ((11%) and Q4 (11%) journals, respectively (Figure 6). In Brazil the sequence is Q4
 202 (39%), Q2 (27%), Q1 (23%) and Q3 (6%). When comparing Brazil to the rest of the
 203 world, the documents published in each journal category follow the same overall
 204 pattern in % Documents Cited, % Open Access and Impact Factor. In all cases, papers
 205 in Q1 show highest citation rates and impact factors, with a higher percentage of cited
 206 documents. When Brazilian researchers publish in Q1 journals, their impact tends to
 207 be higher than the worldwide average for the area.

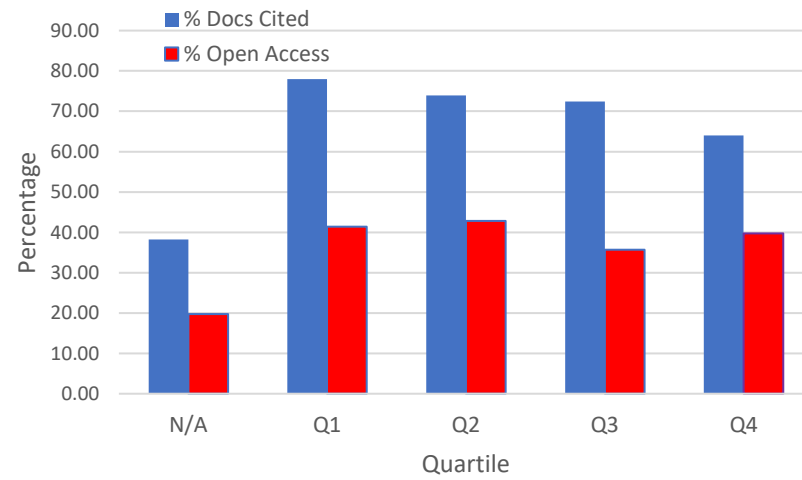
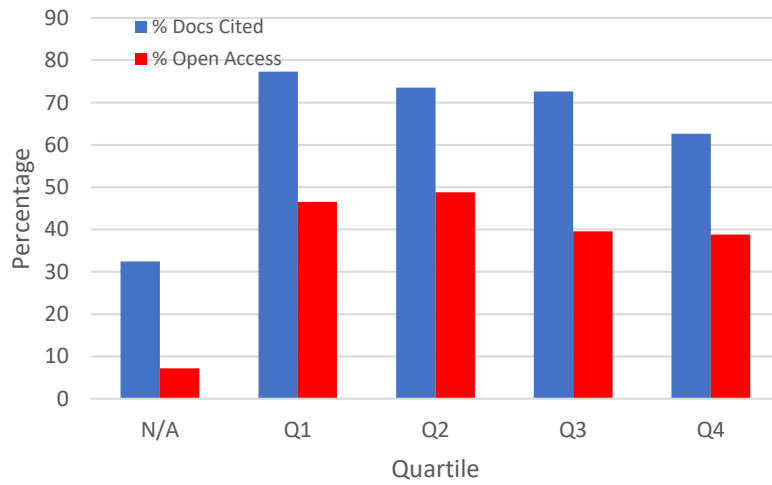
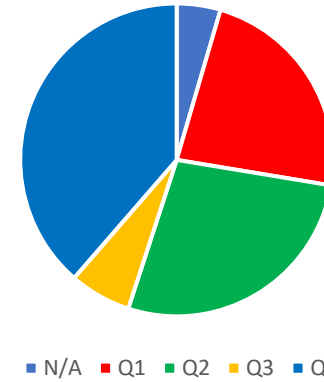
World

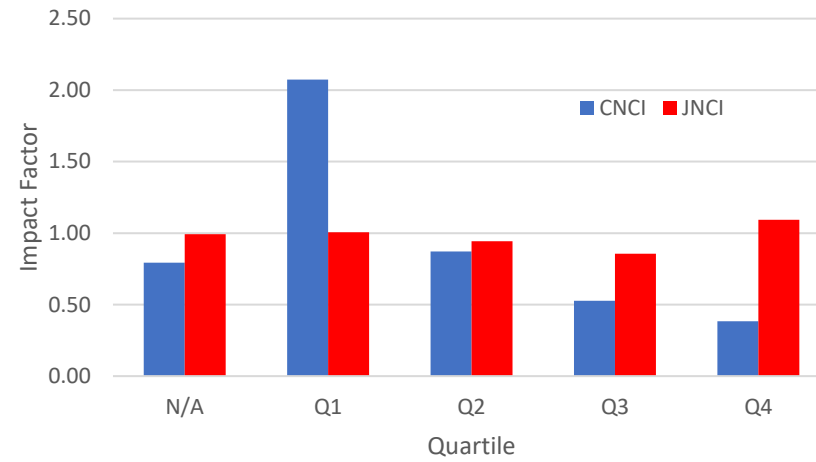
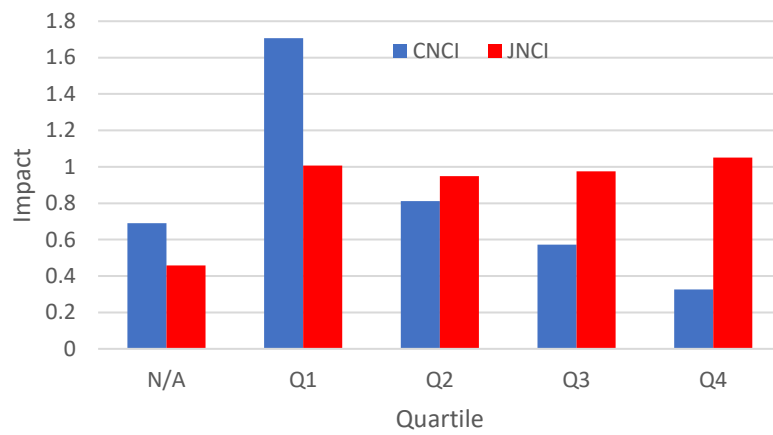
Brazil

World



Publication Quartile - Number of Papers





208 Figure 6. Effect of Journal Quartile on Quality Indicators in Physical Education worldwide (Column A) and in Brazil (Column B) (Incltes[®]). Q₁,
 209 Q₂, Q₃, Q₄ are publishing quartiles while N/A refers to books and congress proceedings.

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214 **Path Analysis and Multiple Regressions**

215 For Brazilian (-0.40) and worldwide (-0.36) authors, the % of OA documents led to a
 216 decrease in the % of documents in Q1 journals (Figure 7; Table 2), but the percentage
 217 of papers in collaboration with international authors led to an increase of % in Q1 (0.47
 218 and 0.11, respectively). The increase in international collaborations led to a decrease
 219 in % OA publishing (-0.28 and -0.24 worldwide and Brazil, respectively), with a
 220 corresponding increase in Q4 (0.24 and 0.43, respectively). This may be related to the
 221 increase in Q1 documents for which APCs are higher. Publishing in Q4 was seen to
 222 decrease % Documents cited, which increased opportunities to be within the top 10%
 223 cited, increasing citation index and therefore CNCI. For Brazilian authors, their place
 224 on the author list (first, last or corresponding did not affect CNCI).

225 Table 2. Paths for Impact for Brazilian and Worldwide Authors

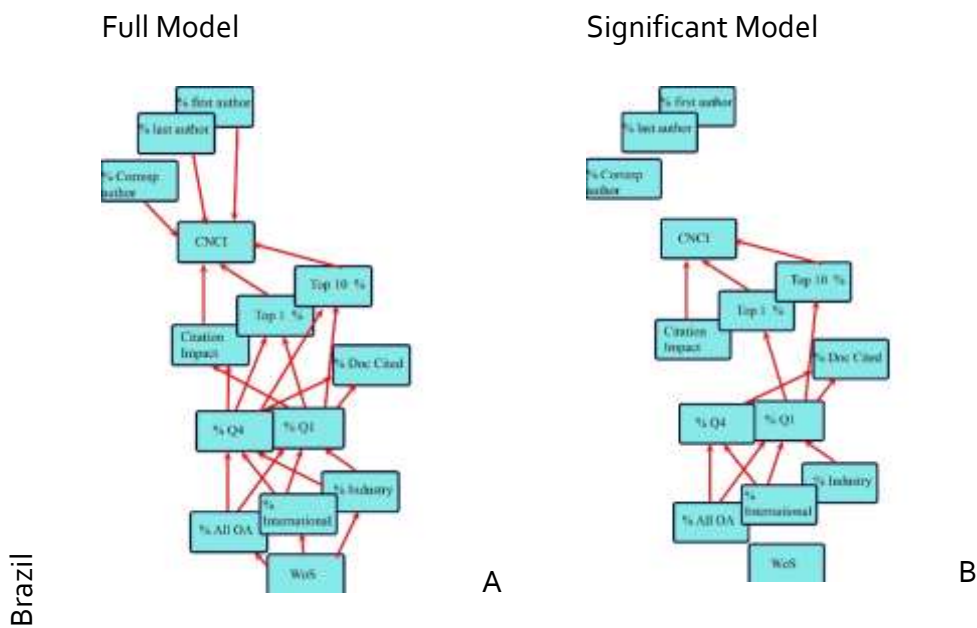
From	To	Standardised Estimate	
		Worldwide	Brazil
WoS	% International	-0.34**	0.05
WoS	% Industry	0.07	-0.01
WoS	% OA	-0.03	0.03
% Industry	% OA	0.24*	0.02
% International	% OA	-0.28*	-0.24**
% OA	% Q1	-0.36**	-0.40***
% OA	% Q4	0.28*	0.43***
% International	% Q1	0.47***	0.13*
% International	% Q4	-0.34**	-0.20*
% Industry	% Q1	0.38**	-0.11*
% Industry	% Q4	-0.35*	0.03
% Q4	% Docs Cited	-0.48**	-0.24**
% Q1	% Docs Cited	0.08	-0.09*
% Docs Cited	CI	0.53**	0.21**
% Q1	CI	0.75***	0.05
% Q4	CI	0.38*	-0.05
% Docs Cited	% Top 10%	0.31*	0.22**

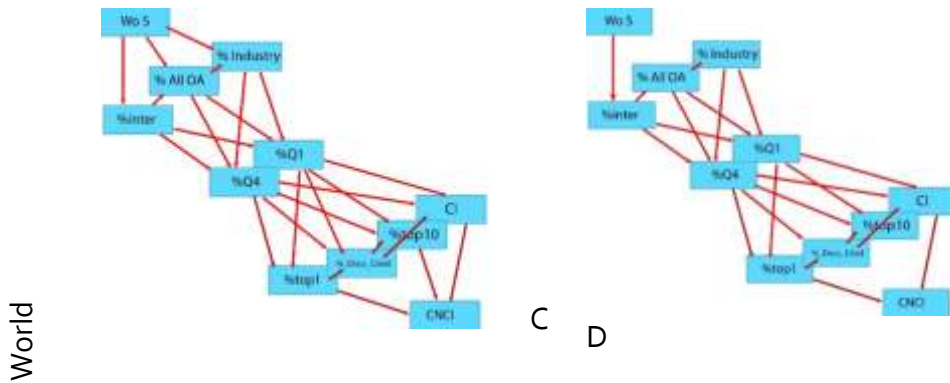
% Docs Cited	% Top 1 %	0.31*	0.11*
% Q1	% Top 10%	0.80***	0.09*
% Q1	% Top 1 %	0.72***	0.13*
% Q4	% Top 10%	0.19*	-0.02
% Q4	% Top 1 %	0.34**	0.01
CI	CNCI	0.26**	0.89***
% Top 10 %	CNCI	0.08	0.09*
% Top 1%	CNCI	0.65**	0.28*
% Corresp. Author	CNCI		0.00
% First Author	CNCI		0.03
% Last Author	CNCI		0.00

226 *P<0.05; **P<0.01; ***P<0.001

227 An increase in %Q1 journals, led to more cited documents, which in turn led to an
 228 increase in the percentage of documents in Top 10 %, Top 1 % and Citation Impact,
 229 thereby increasing the CNCI. The number of papers in WoS was related to %
 230 international papers.

231





232 Figure 7. Paths to Citation Impact tested and significant for A) and B) Brazilian and C)
 233 and D) worldwide authors in Physical Education (Incites®), in line with Table 2. A and C
 234 reflect the full model tested while B and D reflect the significant ($P < 0.05$) paths.
 235 Abbreviations in Material and Methods

236

237 Multiple regression of Brazil's path analysis (Table 3) shows that the only variable that
 238 influence impact factor (CNCI) is where it is being publishes (JNCI), although the
 239 determination coefficient ($r^2 = 0.22$) shows this does not explain the situation
 240 completely (probably other undetermined variables play a role). Worldwide the
 241 impact factor is influenced by % of international collaboration, % of papers published
 242 in Q1 journals and % of documents cited.

243 Table 3. Multiple regression for impact factor in Brazilian universities and Worldwide

Brazil	Worldwide
$CNCI = -0.299 + 0.949 * JNCI$	$CNCI = -0.537 + 0.007 * \%Inter + 0.008 * \%Q1 + 0.015 * \%DocCited$
$R^2 = 0.22$	$R^2 = 0.67$

245 Discussion

246 Measuring research quality has been widely discussed in the literature. Tijssen and
247 Kraemer-Mbula (2018) state that, to be excellent, research should be: 1) visible and
248 recognizable; 2) attributable; 3) comparable; and 4) categorized in terms of quality
249 judgement. Limitations in the use of metrics are well known. For example, Aksnes et
250 al. (2019) suggest that citation metrics are not suitable for evaluating the plausibility,
251 originality and societal value of research. Nevertheless, they can function as proxies
252 for scientific relevance and scientific impact, rather than as a direct indicator of quality
253 (Hicks et al., 2015; Wildsdon et al., 2015).

254 Most research in Brazil is produced in higher education institutions (HEIs), and many
255 institutions have more than one program. At present there are 81 physical education
256 postgraduate programs in Brazil¹ (36 academic masters, 4 professional masters, 40
257 academic masters and doctorates and one professional masters and doctorate). The
258 major knowledge areas for physical education in Brazil include physical education (39
259 programs), physical and occupational therapy (30) as well as speech therapy (12).

260 In general, an increase in % of papers published in Open Access journals leads to an
261 increase in Citation Impact, except for Brazil. The lower percentage of increase in
262 citations from Brazilian Open Access publishing compared with worldwide authors
263 (Figure 1 and 5) may be a reflection of publishing in journals registered in platforms
264 such as Scielo (scielo.org - Scientific Electronic Library Online) and Redalyc
265 <https://www.redalyc.org/> (Sistema de Información Científica Redalyc Red de Revistas
266 Científicas). Both register open access journals and these journals tend to be younger
267 than more established data bases such as Scopus and Web of Science. Nevertheless,
268 numbers of Scielo and Redalyc journals in international databases have been
269 increasing in recent years (McManus et al., 2020, 2021).

¹<https://sucupira.capes.gov.br/sucupira/public/consultas/coleta/programa/quantitativos/quantitativoAreaConhecimento.jsf?areaAvaliacao=21>

270 Other factors may influence this result such as i) failure to publish in high impact
271 journals; ii) lack of resources to pay expensive open access (OA) costs abroad
272 preferring lower OA costs in Brazil; iii) lack of policies in funding agencies for
273 publishing; iv) the themes studied and v) publishing in Portuguese in Brazil. While
274 there may be a perceived lower quality of research from Brazilian researchers, as seen
275 here, when Brazilian researchers publish in Q1 journals, their impact tends to be
276 higher than the worldwide average for the area.

277 The preference for publishing in Brazilian journals is seen, in line with other areas in
278 Brazil (McManus et al., 2021b). While abroad, open access tends to show higher
279 impact than closed access, most Brazilian authors publish in Brazilian journals, which,
280 although Open Access, show low impact. This was seen in Kokubun (2003) looking at
281 CAPES data. With Iranian publications (Rajabi et al., 2021), these authors also found
282 that most papers are published in domestic journals in the Web of Science Emerging
283 List, as with Brazilian papers. Looking at education journals, Repiso et al. (2017) show
284 that Scielo (125) and Redalyc (99) have a significantly higher number than Scopus (66)
285 and Social Sciences Citation Index (9). This may indicate that international databases
286 probably do not capture their citations. At the same time, Van Leeuwen et al. (2001)
287 and Van Raan et al. (2011) show that fewer citations are received by non-English
288 language publications This can create a bias due to language deficiencies (Waltman,
289 2016), with most local journals being invisible internationally (Tijssen et al., 2006; Li &
290 Yang, 2020).

291 The number of papers in the most popular themes studied worldwide and in Brazil
292 showed a correlation of 0.79, indicating similarity between the two datasets.
293 Nevertheless, papers published in journals not registered in Scopus and Web of
294 Science were not included in this analysis and a significant fraction of the “topics”
295 defined by SciVal does not perfectly fit the article’s field (Zanotto & Carvalho, 2021)
296 which may lead to bias. Nascimento (2010), in a survey of thesis themes in physical
297 education found that the main areas of research were Physical/Sports Training
298 (12.9%). Biomechanics (8.7%). Physical Activity/Sports in special groups (8.4%);
299 Teacher Training/Physical Education and curriculum (8.1%); Physiology (7.5%);
300 Sociology (6.6%) and Physical Education/sports in schools (6.3). This author showed a

301 large amount of research lines with low production indices. On the other hand,
302 Manoel & Carvalho (2011) showed concentration in biodynamics, in detriment of
303 sociocultural and pedagogical areas of research, while Lazzarotti Filho et al. (2012)
304 noticed wide dispersion in the themes studied.

305 In the present study (Supplementary Table 2) questions linked to older ages such as
306 osteoarthritis, knee, *Medialis oblique*, bone density, frailty (elderly, phenotype),
307 Alzheimer's, as well as life style such as diabetes remission, body mass index,
308 behaviour and prolonged sitting etc are also more prevalent and showed significant
309 growth in recent years. This is in line with Formica (2002) and Green et al. (2006) who
310 showed a move away from studies with children in school towards more adult physical
311 education and life-style choices. Important research areas centre around conditions
312 such as aging (Osteoarthritis, fragility), lifestyle (diabetes, body mass index (BMI),
313 hypertension, obesity) and illnesses (such as cancer, diabetes, hypertension etc).
314 Given the effect that earlier experiences with physical education have on adult
315 physical activity and life style choices (Ladwig et al., 2018), these authors suggest that
316 research efforts should include how childhood memories affect physical activity and
317 health in terms of attitude, intention and sedentary behaviour in adulthood. Balwan
318 & Kour (2021) state that Lifestyle Disease are a major health problem worldwide, with
319 cardiovascular, cancers, respiratory and diabetes linked diseases accounting for over
320 80% of non-communicable disease deaths (WHO, 2017). Many of the most prevalent
321 techniques seen in Supplementary Table 2 have been used in the control of these
322 conditions. Quennerstedt (2019) argues for the use of health in physical education,
323 and the themes studied here confirm this tendency, through promoting activities and
324 behaviour that reduce the risk of disease, at present or in the future.

325 International and industry collaboration in Brazilian physical education is low (Figure
326 2) which may affect impact (Figure 7). Other studies (McManus et al., 2020; McManus
327 & Baeta Neves, 2021) have shown the importance of these sectors in improving
328 citation impact, through improving quality, competition, knowledge and resource
329 transfer, among others (Boekholt et al., 2009). Rosa & Leta (2010, 2011) concluded
330 that research in PE in Brazil has low visibility, based on studies in physiology.
331 Nevertheless, other areas such as Sociology and Psychology as well as biophysics

332 were also predominant. Part of this lack of visibility may be due to the fact that
333 Brazilian authors tend to show low international collaboration compared with other
334 countries (Figure 2), although Brazil still being within the top ten publishing countries
335 in physical education. This may be because this area is a relatively new in Brazil.
336 Motta et al. (2018) looks at ways of increasing linkages between physical education
337 sectors in industry and academy, but identified resistance on both parts.

338 Brazilian authors tend to publish more in Q4 journals (Fig 6), so efforts should be
339 made to publish in Q1 journals and increase industry relations (Figure 10). This
340 obviously is impacted by the quality of the research being carried out. Changes in
341 public policies can change this, as was seen with the Russian Project 5-100 (Matveeva
342 & Ferligoj, 2020), and increasing international collaborations. The number of papers
343 and impact (Figure 1) is in line with general statistics on Brazilian publishing (McManus
344 et al., 2020), especially with the domination of the USA. Brazil's location in this
345 analysis is also in line with the general evaluation. The low number of papers in Q1 and
346 high impact open access journals may be because of the lack of financial resources
347 (Pavan & Barbosa, 2018) to pay Article Processing Charges (APCs).

348 Several recent papers have discussed the impact of research in Brazil relative to its
349 social and cultural relevance, other than scientific (McManus & Baeta Neves, 2021).
350 According to Vitor-Costa et al. (2012), bibliographic measures are more suitable to
351 measure production in the basic and not professional sciences, such as physical
352 education. Lazzarotti Filho et al. (2012) also noticed a mixture of themes related to
353 the soft and hard sciences in physical education journals in Brazil, and Hallal & Melo
354 (2016) indicate that research in physical education has a tendency to be more
355 interdisciplinary than other areas, but consider "over-fragmentation" may be a
356 problem in the future, thereby making it an appendix of other more consolidated
357 areas.

358

359 **Conclusions**

360 To increase impact, Brazilian authors in physical education should aim to increase the
361 number of papers published abroad, in high impact open access Q1 journals. As a
362 large portion (>60%) of Brazilian papers in Q1 journals are published closed access

363 there needs to be financial resources to pay Article Processing Charges. Increases in
364 publishing in collaboration with industry and internationally are indicated for
365 increasing impact of publications by Brazilian authors in physical education.

366

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371

372 **Conflict of Interest**

373 The authors declare no conflict of interest.

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557 Supplementary Table 1. Percentage Open Access and CNCI by Journal Quartile and Publishing Country in Physical Education.

Journal publishing country	Mean % Open Access					Mean CNCI				
	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Mean
Worldwide publishing in physical education										
Argentina				100.00	100.00				0.22	0.22
Australia	20.30	46.21	13.69	51.86	35.64	1.22	0.69	0.51	0.48	0.66
Austria			15.49		15.49			0.41		0.41
Bangladesh			36.78		36.78			0.64		0.64
Brazil		100.00	100.00	100.00	100.00		0.52	0.47	0.17	0.33
Bulgaria				0.00	0.00				0.09	0.09
Canada	49.82	22.76	51.43	10.16	36.88	1.24	0.77	0.64	0.40	0.81
Chile				78.09	78.09				0.26	0.26
China Mainland	100.00	50.12	100.00	86.92	81.19	1.85	0.59	0.47	0.47	0.97
Colombia			100.00		100.00			0.18		0.18
Croatia			100.00	100.00	100.00			0.56	0.23	0.48
Czech Republic				79.74	79.74				0.32	0.32
Denmark	19.04	16.48		0.00	13.64	1.42	1.16		0.33	1.08
Egypt	100.00			60.16	80.08	0.23			0.30	0.27
England	57.29	57.81	45.71	41.44	53.88	1.86	0.92	0.67	0.46	1.14
Ethiopia				1.84	1.84				0.27	0.27
Finland	78.25				78.25	1.29				1.29
France		100.00	1.47	14.30	22.40		0.46	0.21	0.22	0.24
Germany (Fed Rep Ger)	39.69	12.63	20.29	8.23	21.46	1.12	0.77	0.64	0.24	0.69
Greece				0.00	0.00				0.53	0.53
Hong Kong			100.00		100.00			0.21		0.21
Hungary				54.05	54.05				0.13	0.13
Iceland				100.00	100.00				0.19	0.19
India		92.30	50.00	31.76	45.62		0.53	0.20	0.20	0.25
Iran		38.96	3.76	84.35	43.04		0.36	0.57	0.35	0.44

Ireland	22.37	15.59	7.79		15.25	1.03	1.10	0.61		0.91
Israel		100.00		0.00	50.00		2.15		0.37	1.26
Italy	0.00	23.33	0.00	25.09	18.67	0.09	1.01	0.13	0.51	0.45
Jamaica				30.23	30.23				0.19	0.19
Japan	100.00	97.20	96.73	100.00	98.27	0.97	1.13	0.49	0.00	0.74
Kuwait			100.00	0.00	50.00			0.44	0.03	0.24
Lithuania			98.68		98.68			0.37		0.37
Malawi				86.88	86.88				0.33	0.33
Malaysia			15.09	46.67	30.88			0.44	0.11	0.28
Mexico			52.00	18.75	40.92			0.36	0.12	0.28
Nepal				100.00	100.00				0.09	0.09
Netherlands	29.09	20.37	16.52	21.61	24.35	1.57	0.99	0.56	0.46	1.16
New Zealand	16.85	100.00	25.00	100.00	59.78	1.29	0.73	0.58	0.40	0.84
Nigeria				4.57	4.57				0.25	0.25
Norway		19.27		9.86	14.56		1.05		0.35	0.70
Pakistan				52.78	52.78				0.26	0.26
Poland		88.89	76.92	80.64	81.73		1.10	0.61	0.29	0.70
Portugal				100.00	100.00				0.35	0.35
Romania			0.00		0.00			0.00		0.00
Russia				66.67	66.67				0.08	0.08
Saudi Arabia		100.00	50.00	94.29	73.57		0.00	0.36	0.28	0.25
Scotland	100.00			22.22	61.11	0.96			0.17	0.56
Serbia				100.00	100.00				0.14	0.14
Singapore			20.41		20.41			0.69		0.69
Slovakia			46.15		46.15			0.12		0.12
Slovenia				91.14	91.14				0.23	0.23
South Africa			92.42	16.15	73.35			0.47	0.36	0.44
South Korea		100.00			100.00		0.63			0.63
Spain			34.36	92.44	63.40			0.49	0.18	0.33

Sri Lanka				25.00	25.00				0.25	0.25
Sweden	33.33	97.50	15.34		60.92	1.68	0.67	0.58		0.90
Switzerland	92.40	68.05	35.66	37.37	73.98	1.39	0.85	0.56	0.49	1.03
Taiwan		60.75			60.75		0.68			0.68
Thailand				50.00	50.00				0.17	0.17
Turkey			100.00	52.00	84.00			0.49	0.20	0.39
Uganda				67.01	67.01				0.68	0.68
Usa	40.75	34.12	28.11	19.98	32.68	1.88	0.90	0.58	0.47	1.11
Wales			5.65		5.65			0.47		0.47
Total	48.08	51.35	42.47	40.62	45.82	1.72	0.88	0.55	0.34	0.91

B) Brazilian Authors

	% OA					CNCI				
	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Mean
Argentina				100.00	100.00				0.16	0.16
Australia	7.69	0.00	56.94	50.00	39.79	1.14	0.32	0.24	0.57	0.48
Bangladesh			21.74		21.74			0.65		0.65
Brazil		100.00	100.00	100.00	100.00		0.56	0.48	0.18	0.34
Canada		16.31	0.00	0.00	8.16		0.54	0.23	1.66	0.74
Chile				100.00	100.00				0.64	0.64
China Mainland	100.00	50.00		88.24	72.06	2.35	0.94		0.24	1.12
Colombia			100.00		100.00			0.20		0.20
Croatia			100.00		100.00			0.38		0.38
Denmark	4.04	6.11			4.73	1.15	1.35			1.21
England	52.26	52.23	37.42	44.79	48.85	2.24	0.88	0.69	0.32	1.27
Finland	83.33				83.33	3.21				3.21
France		100.00		32.43	49.33		0.31		0.16	0.20
Germany (Fed Rep Ger)	22.35	23.05	20.00	0.00	20.08	1.29	0.65	0.64	0.00	0.88
India		94.12			94.12		0.62			0.62
Iran		0.00	0.00	100.00	33.33		0.08	0.32	1.12	0.51

Ireland	22.22	12.36			17.29	1.04	0.93			0.99
Israel		100.00		0.00	50.00		0.00		1.11	0.56
Italy				28.57	28.57				0.53	0.53
Jamaica				100.00	100.00				0.00	0.00
Japan	100.00	88.89	100.00		96.30	0.66	0.46	0.65		0.59
Lithuania			100.00		100.00			0.41		0.41
Malawi				100.00	100.00				0.00	0.00
Mexico			100.00		100.00			0.33		0.33
Netherlands	33.96	20.69	20.00	83.71	31.41	0.97	1.01	0.58	0.14	0.88
New Zealand	10.78	100.00		100.00	64.31	1.13	0.78		0.25	0.81
Norway		25.00		0.00	12.50		1.23		0.26	0.74
Poland		100.00	70.83	100.00	82.50		0.48	0.36	0.39	0.39
Portugal				100.00	100.00				0.89	0.89
Scotland	100.00				100.00	0.73				0.73
Singapore			0.00		0.00			0.65		0.65
Slovakia			100.00		100.00			0.15		0.15
South Africa				0.00	0.00				0.28	0.28
South Korea		100.00			100.00		0.24			0.24
Spain			100.00	97.44	98.08			0.37	0.12	0.18
Sweden		100.00	16.67		58.33		0.87	0.72		0.79
Switzerland	98.19	61.53	22.22	27.66	67.65	1.58	0.76	0.46	0.27	0.97
Thailand				0.00	0.00				0.18	0.18
Turkey			100.00		100.00			0.75		0.75
USA	36.94	30.80	18.55	26.80	29.48	2.31	0.83	0.56	0.46	1.27
Wales			8.57		8.57			0.72		0.72
Mean	43.53	45.26	36.72	45.95	42.88	2.10	0.81	0.56	0.40	1.09

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Supplementary Table 2. Growth, Impact and Prominence of Topics by Brazilian authors with more than 100 papers sorted by growth of topic (Scival® 2015 – 2020)

	Scholarly Output	Growth (%)	Field-Weighted Citation Impact	Prominence percentile
Resistance Training	505	222.34	1.01	82.35
Plyometric training	122	218.70	1.14	98.41
Moderate-intensity continuous	133	216.10	1.09	98.74
Carcinoma, Papillary	108	196.28	2.43	92.02
Osteoarthritis, Knee	134	137.12	1.13	94.34
Vitamin D Deficiency	225	98.88	1.34	96.56
Bone Density	154	77.79	1.16	84.72
<i>Medialis oblique</i>	112	72.40	1.06	94.61
Behavior	102	54.60	3.44	99.48
Prolonged sitting	102	54.60	3.44	99.48
Thyroid Neoplasms	258	53.63	1.91	86.97
Diabetes remission	124	49.40	1.14	99.03
Body Mass Index	193	48.70	1.03	94.22
Frail Elderly	198	36.30	1.22	99.73
Frailty phenotype	198	36.30	1.22	99.73
Training RT	216	17.00	1.26	95.93
Arcuate nucleus	100	15.60	1.04	99.26
Hypothalamus	100	15.60	1.04	99.26
BFR exercise	108	13.90	1.29	92.86
Health	222	8.93	8.86	68.52
Muscle index	235	4.20	1.67	99.78
Sarcopenia	236	4.20	1.20	86.33
Inactivation PDI	409	1.80	1.17	98.92
Peptidyl-Dipeptidase A	163	0.50	1.12	95.49
Receptor axis	163	0.50	1.12	95.49
Adipose Tissue, Brown	104	0.25	1.00	93.58
Hypertension	257	-0.92	0.99	73.62
Photosensitizing Agents	495	-2.25	1.20	86.53
Metagenome	208	-5.20	1.59	99.99
Microbial composition	208	-5.20	1.59	99.99
Adipose Tissue	108	-15.43	1.05	58.69
Osteoporosis	341	-15.77	1.03	81.64
MPS IIIA	180	-17.20	1.14	96.09
Muco-polysaccharidoses	180	-17.20	1.14	96.09
Foot	105	-19.30	1.06	78.81
Mutation	107	-21.87	1.31	85.65
Photochemotherapy	540	-26.13	1.35	68.33
Alzheimer Disease	414	-28.38	1.16	76.57
Diet, High-Fat	192	-28.50	1.17	96.13
Weight Loss	170	-31.03	0.99	89.31
Rehabilitation	144	-32.86	5.80	64.60
Mitochondria	106	-38.38	1.79	79.14
Neoplasms	147	-45.44	1.05	66.49
Intercellular Signaling Peptides & Proteins	118	-48.90	1.19	98.89
Risk	201	-59.50	1.28	74.05
Diabetes Mellitus, Type2	206	-66.04	4.32	86.30
Periodicals Topic	245	-81.96	3.80	59.65
Blood Platelets	129	-82.97	1.14	77.01

